**CHEESE GRITS CASSEROLE**

**Single Serving Recipe:**

*Ingredients:*

1 cup Water  
¼ tsp Salt  
⅓ cup **Jim Dandy 5 Minutes Grits**   
½ cup Shredded Sharp Cheddar Cheese  
⅓ cup Butter  
1 oz Milk  
1 Egg  
1 sprinkle of Cayenne Pepper

*Instructions:*

Heat oven to 350°F  
Spray small baking dish with Pam

Combine Water and Salt and Saucepan and bring to boil  
Gradually stir in Grits  
Reduce heat to low ad cover and cook for 8 minutes stirring occasionally  
Remove from heat

Stir in Cheese and Butter until melted  
Add Milk, Egg and Cayenne Pepper; mix well  
Pour into baking dish; sprinkle top with Cheese  
Bake for 45 minutes or until set and golden brown  
Let stand for 10 minutes

Bon Appetit!

Serves 4-6:

